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**UNIVERSITY EXAMINATIONS**

**2022/2023 ACADEMIC YEAR**

**YEAR: one SEMESTER: TWO**

**MAIN EXAMINATION (PGDE)**

**FOR THE POST GRADUATE DIPLOMA OF EDUCATION ARTS/SCIENCE**

**COURSE CODE: PSY 712**

**COURSE TITLE: INTRODUCTION TO GUIDANCE AND COUNSELLING.**

**DATE: 21/8/2023**

**TIME: 8.00AM-10.00AM**

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**INSTRUCTIONS TO CANDIDATES**

Answer Question One and Any other TWO (2) Questions

TIME: 2 Hours

This Paper Consists of 2 Printed Pages. Please Turn Over.

**QUESTION ONE****30 Marks**

- a) Explain goals of the Freudian psychoanalytic therapy according to vocational counselling. (10 marks).
- b) Discuss the personality structure in relation to Sigmund's theory (6 marks).
- c) Describe the counselling techniques using relevant examples. (12 marks).
- d) Explain challenges of confrontational skills in counselling while counselling young people (2 marks)

**QUESTION TWO****15 Marks**

- a) Discuss the stages of counselling and how important it is to observe. 10 marks
- b) Explain the importance of having the counselling services in our communities 5 marks

**QUESTION THREE****15 Marks**

- a) Why should paraprofessional counsellors work under the supervision of professional counsellors? (6 marks)
- b) i) Describe any three defense mechanisms (3 marks)
- ii) Discuss the five ways to crisis intervention in a learning institution. (6 marks)

**QUESTION FOUR****15 Marks**

- a) Discuss the values of career counselling to the young people. (9 marks).
- b) Explain six advantages of personal culture as a unique signal to the larger world of cultural practices (6 marks)

**QUESTION FIVE****15 Marks**

- a) Discuss the importance of Non-verbal skills in counselling. (8 marks)
- b) Explain the term Assessment as applied in counselling programmes (3 marks)
- c) Describe the importance of correlating the child's problems to their Immediate existing environmental factors (4 marks)